

# Getting Started with the ExoDx™ Prostate Test Collection Kit



# Don't worry, you got this.

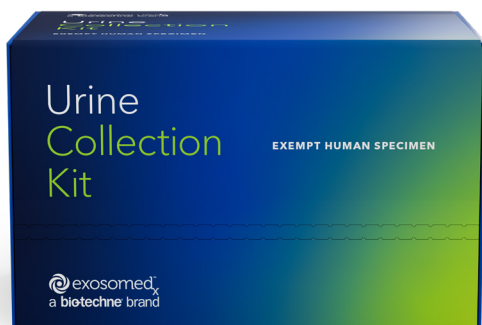
Thanks for choosing the ExoDx™ Prostate Test (EPI). Simply follow the step-by-step instructions in this guide to collect your sample right in the privacy of your own home. It's fast and easy!

**Note:** Please submit your sample within 48 hours to facilitate timely release of test results.



View our *How-to-Get Started with the ExoDx Prostate Test* video and follow along with written instructions.

[exosomedx.com/gettingstarted](https://exosomedx.com/gettingstarted)



# What's Included in Your At-Home Collection Kit:



Urine Collection Box



Colli-Pee Collection Device & Collection Tube



Bio-hazard Bag



Two Ice Packs



Instructions for Collection



Patient Information Packet

# Step-by-Step Instructions:

## Day 1

1. **Place the ice packs** (found in the Styrofoam box) **in your freezer** for at least 24 hours.



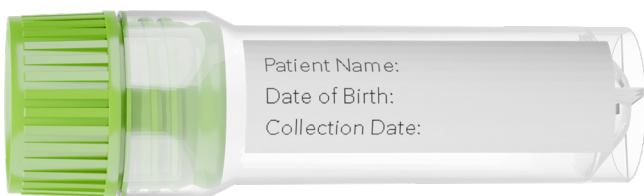
2. Complete the Patient Information Form provided.

**Reminder:** Add the REQUIRED Collection Date once the sample is collected.



3. Write your **full name** and **date of birth** on the label provided and attach it to the collection tube.

**Reminder:** Add the **REQUIRED** Collection Date once sample is collected.



4. **Stop Here.** Wait 24 hours before completing Day 2 steps.

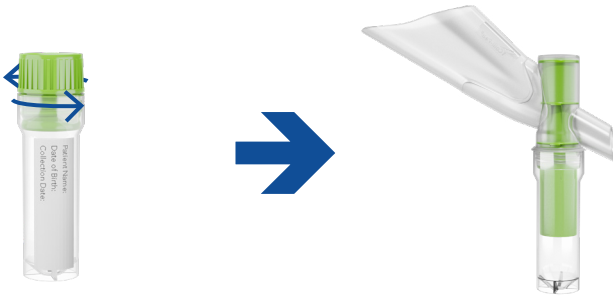


**Note:** Plan accordingly, samples should only be shipped Monday - Thursday.

## Day 2

### 5. Attach the Colli-Pee Collection Device to the Collection Tube.

Open the green package **labeled Colli-Pee**. Unscrew the green cap on the collection tube (but keep it close by, you'll need it when you're done). Securely attach the tube to the collection funnel.



### 6. Pee into the Collection Device.

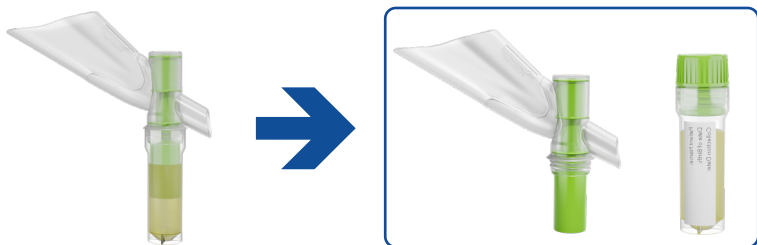
Place penis into the collection funnel while standing over the toilet. **Start and finish** urine flow into the funnel. (Excess urine will flow out the opposite side).



**Note:** This should be a 'first catch' urine sample, which means the first 15mLs of the urine stream, and at least one hour from your last urination.

7. Detach the Collection Device and securely Click the Collection Tube Closed.

Once urination is complete, immediately unscrew the funnel from the tube, and replace the green cap on the tube. The cap will click in place when secure. **Do not put the collection device down before screwing the green cap on securely. Remember to add the Collection Date to your specimen label.**



8. Prepare sample for shipping.

- Open the provided bio-hazard bag and place the urine tube inside.
- Remove both frozen ice packs from your freezer and **place them horizontally in the Styrofoam urine collection box.**
- Place the urine tube between the two frozen ice packs.
- Replace the Styrofoam lid on the urine collection box. Place the completed Patient Information Form inside the box. **Close the box and seal it with the self adhesive tape strip.**

**Note:** Sample may be refrigerated in anticipation of foreseen circumstances.

## Choose One of the Shipping Options:

1. Call 1-800-GoFedEx to schedule a pick-up for your pre-labeled **Priority Overnight** box.
2. Drop your sealed box off at a local FedEx pickup location. **Must offer Priority Overnight capability.**
3. Contact Client Services at 844-396-7663 to schedule a pickup.

### Helpful Hints:

- Please collect samples Monday - Thursday. Appropriately label the collection tube with the collection date and immediately follow shipping instructions.
- Samples are shipped Priority Overnight with FedEx, but due to unforeseen circumstances could be delayed. Delayed samples may need to be resubmitted.

### What's Next?

- Patient results will be delivered to your physician within 3-5 days after receipt of sample.
- Please contact Client Services with any questions on the test, coverage and the ExoCARES program. 844-396-7663 (Option 3, then Option 2).

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